



The Lutheran Urban Ministry
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May 2017 News from your Ministry Manager

Things are hopping at the Urban! Lots of conversation and coffee/tea drinking and good food eaten! There are many families who attend regularly and I often notice some little heads at the back of the room at the old Sunday School table – and they're busy colouring.

The Urban has received a grant from the MNO Synod for a short documentary film about the Urban! Watch for it in the fall of 2017! The camera has already started to roll. It will be a link on the MNO website.

Our weekly Trauma, Grief and Loss Circles running from November 2016 to June 2017 are bringing a new sense of community through the healing process of the sharing of stories. We have been fortunate to find wonderful facilitators, all with their own specialties and bringing their own special gifts of knowledge, insight, perspective and guidance. We are so grateful to the ACTS of the MNO for granting us the opportunity to run this program. These circles have been taking place every Thursday for one hour before the evening meal and a Men's Group circle every other Wednesday at lunch time.

These circles have been such a blessing that we have decided to continue with a sharing circle at the same times after our program ends in June. Additional topics will be added and we will continue with discussions on trauma, grief and loss as well. There is a momentum of conversation and sharing that we do not want to see end! I plan to facilitate these and I will be inviting our Urban community members to suggest topics and take part in leading the circle.

We always welcome donated prizes (used household goods, kitchen items, toys, DVD's, quilts, games, purses/backpacks, smaller electronics that work – the kind of items that people put in garage sales) for our No-Charge Family Bingo Night held right after the Urban evening meal on the 2nd Thursday of every month and organized by board members Monica and Janet. Everyone plays, including the children, (six games, two cards) and everyone gets a prize! It's a safe place to come for a great family evening for our Urban community. Just send me an email if you have any questions or to ask about a good drop-off time.

The Annual Urban Pentecost Picnic in the Park (Orioles Site, 448 Burnell St.) will be held on June 4th. Baseball game and children's games at noon, worship service in the park at 1:30 and lunch at 2:00. Bagged lunches will be provided for our Urban community. Come and join us in the park – bring your own bagged lunch – just in case we don't have enough – and join in the baseball, or you might want to join in with the kids games! It will be fun!

Kind regards,
Rhonda Gorham

Ministry Manager
Lutheran Urban Ministry