



The Lutheran Urban Ministry  
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## May 2018 News from your Ministry Manager

**On May 7<sup>th</sup>**, we were very fortunate to hold a one day Food Handling Certificate course here, facilitated by FoodSafe, for 13 Urban community members. It was a terrific day and it was good to see all those beaming faces at the end of the day, as they left with their certificates! This training is a wonderful help to those who wish to work in the restaurant industry. This course was made possible by a Compassionate Justice/Anti-Poverty Grant from the Evangelical Lutheran Church in Canada.

**Men's Group** meets every Wednesday for lunch from 1:30 p.m. - 3:30 p.m. and every other Wednesday we have a men's sharing circle. Two weeks ago the Men's Group helped with a yard cleanup on the church property.

**Annual Pentecost Picnic in the Park:** (Oriole Site, 448 Burnell St.), May 20<sup>th</sup>, 12:30 – 3:00 p.m. Worship, bagged lunch, kid's games, baseball and balloon animals! Every year we have a great turnout and lots of fun. Weather permitting; otherwise we're eating the bagged lunch indoors!

**Children of all ages come to the Urban:** On Wednesday and Thursday evenings there are usually five or six children sitting at the colouring tables and on Sundays often 12 children from infants and up attend. Lots of laughter and busyness at those tables!

**Sharing Circles** continue each week for women on Wednesdays 4:30-5:30, Co-ed on Thursdays 5:45-6:45 and Wednesdays bi-weekly at the Men's Group 1:30-2:30. We have wonderful discussions. So many stories shared. Many say that they can speak about their feelings and be heard in these sharing circles. Some people only listen and I always tell them that their presence is a gift.

**Ride for Refuge (Blue Sea Philanthropy), September 29, 2018:** Please save the date if you would consider walking or riding for the Urban this year (or donating to a team). It was a successful event last year for the Lutheran Urban Ministry and we hope to have more teams/participants in 2018!! More details in the next newsletter.

**The Lutheran Urban Ministry Short Documentary Film** has been released!!

- This film was made possible by an ACTS of the MNO Synod grant and the Urban is so grateful for the opportunity to bring the Urban to you. We are hoping that you will enjoy having a peak into typical Lutheran Urban Ministry days, worship, meals, sharing circles and some of the events of 2017.
- Produced by Rick Scherger of Fate Communications, we feel that the heart and soul of the Urban has been captured (12 minutes long). <http://www.fatecommunications.ca/Hope.html> or through Youtube: <https://www.youtube.com/watch?v=FatPtzT9HhY>

*Thank you* to the meal teams who ensure that no one leaves the Urban hungry and to all those who donate groceries for our emergency food. Our website calendar shows available dates for meal teams: <http://www.theurban.ca/calendar.php> Please contact me: [rhonda@theurban.ca](mailto:rhonda@theurban.ca) for additional information or to add your meal team to the calendar.

Kind regards,  
Rhonda Gorham  
Ministry Manager  
Lutheran Urban Ministry

We welcome all because God welcomes all, regardless of age, ability, health, ethnicity, gender identity, language, sexual orientation, life circumstances, marital status, race, or anything else which sometimes divides us. We welcome diversity and uniqueness. Our unity is in Christ, whose grace is freely given to all. All are welcome