

The Lutheran Urban Ministry Rm 25, 560 Arlington Street Winnipeg, Manitoba R3G 1Z5 rhonda@theurban.ca 204-774-3143 www.theurban.ca

"Reconciliation is getting to know one another", Mary Simon, Governor General: National Post, July 26, 2021

March 2023 News from your Ministry Manager

Our heartfelt thanks to all of you who have contributed quilts, crocheted blankets, jackets, boots, mitts, toques and scarves to keep our Urban community warmer through these cold months. So many generous and busy knitters, crocheters and quilters! And heartfelt thanks to everyone who help to make our bagged meals and our over-all operation possible!

Urban Lutheran Ministry Sunday Worship: Our worship services have resumed once again now that pandemic worries have lessened. The door opens at 1:00 and the worship service is from 1:30-2:15. We have communion at every service and our children's tables are filled with busy children colouring. We invite our MNO congregation members to drop in to our worship services anytime!

- Those attending the worship service receive their bagged lunch when leaving at 2:15 p.m.
- Bagged lunches are distributed at the side door on Sunday between 1:00 and 2:00 for those not coming
 in for the service.

Men's Lunch/Sharing Circle: Every Wednesday at noon until 1:30. We're having really great discussions! Some of the guys are new to our lunch/sharing circle and many of the "old group" are gathering around the table once again! Ages range from the 20s to the 80s! Just ring the doorbell to the left of the side door. We welcome MNO congregation men to drop in and sit with us.

Women's Sharing Circle: Every Wednesday from 2:00 - 3:30. Coffee/tea/hot chocolate & dessert. We're all catching up on the past three pandemic years. We're having lively conversation, laughter and sometimes a few tears. In our women's sharing circle ages also range from the 20s to the 80s! Just ring the doorbell to the left of the side door. We welcome MNO congregation women to drop in and sit with us.

We plan to resume the Thursday Co-ed Sharing Circles sometime in March. A women's drop-in following the Wednesday Women's Sharing Circle is also in the planning stages - after school so that children can attend with them and be busy with arts and crafts while the women drink coffee and tea....and visit together.

As our worship services have resumed and sharing circles are once again starting up, **bagged meal** distribution continues outside the side door on Wednesdays and Thursdays (and Sundays) at the times listed on the door.

Our website: www.theurban.ca. Please keep our vulnerable Lutheran Urban Ministry community in your prayers. Please contact me: rhonda@theurban.ca for additional information, or to have your meal team added to the calendar.

Kind regards, Rhonda Gorham, Ministry Manager, Lutheran Urban Ministry Corp.

We welcome all because God welcomes all, regardless of age, ability, health, ethnicity, gender identity, gender expressions, language, sexual orientation, life circumstances, marital status, race, or anything else which sometimes divides us. The Urban is committed to racial equity. We welcome diversity and uniqueness. Our unity is in Christ, whose grace is freely given to all. All are welcome. The Lutheran Urban Ministry Corp. is a member of Reconciling Works – Lutherans for Full Participation www.reconcilingworks.org