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"Reconciliation is getting to know one another", Mary Simon, Governor General: National Post, July 26, 2021

February 2023 News from your Ministry Manager

BRR......We are so grateful for all of the winter jackets, boots and hoodies donated. Sometimes a person will ask if we have winter items, but we might also notice the condition of the boots (or that shoes are worn in the bitter cold) or an inadequate jacket and we'll say, "hold on, I think we've got a pair of boots, a jacket, etc. that will fit you". Often people are a bit shy to ask.

Urban Lutheran Ministry Sunday Worship: As pandemic worries have lessened, we are so happy to have resumed our Sunday worship services, as of January 15. The door opens at 1:00 and the worship service is from 1:30 – 2:15.

- Communion is included in every worship service. I bake bannock for the communion bread.
- We have a prayer bucket with paper and pencils. Prayers written down and dropped into the bucket are read during the prayers of the church. The prayers written by our Urban community are for family members, friends, and often for the community/world at large.
- The two low children's tables and little chairs have been filled with children busily colouring during the service and the low background chatter of little children is music to our ears.
- We are still requiring masks to be worn but anticipate that requirement will be ending soon and coffee/tea will be served in the half hour before our worship service.
- Those attending the worship service receive their bagged lunch when leaving at 2:15. Bagged lunches are distributed at the side door on Sunday between 1:00 and 2:00 for those not coming in for the service.

Men's Lunch/Sharing Circle: In mid-March 2020 we had pivoted to a bagged lunch distributed at the side door.

• On Wednesday, February 22, we are so happy to resume the Men's Lunch/Sharing Circle downstairs from 12:00 – 1:30 p.m. every Wednesday.

Women's Sharing Circle: Resumed on Wednesday, February 8 from 2:00 – 2:30 p.m.

• So wonderful to sit together again and it seems like such a long time now since the pandemic began and we suspended our circles. We all talked about life in the past three years!

We plan to resume the Thursday Co-ed Sharing Circles sometime in March. A women's drop-in following the Wednesday Women's Sharing Circle is also in the planning stages - after school so that children can attend with them and be busy with arts and crafts while the women drink coffee and tea....and visit together.

As our worship services have resumed and sharing circles are once again starting up, **bagged meal** distribution will continue outside the side door on Wednesdays and Thursdays (and Sundays) at the times listed on the door.

Our website: www.theurban.ca. Please keep our vulnerable Lutheran Urban Ministry community in your prayers. Please contact me: rhonda@theurban.ca for additional information, or to have your meal team added to the calendar.

Kind regards,

Rhonda Gorham, Ministry Manager, Lutheran Urban Ministry Corp.

We welcome all because God welcomes all, regardless of age, ability, health, ethnicity, gender identity, gender expressions, language, sexual orientation, life circumstances, marital status, race, or anything else which sometimes divides us. The Urban is committed to racial equity. We welcome diversity and uniqueness. Our unity is in Christ, whose grace is freely given to all. All are welcome. The Lutheran Urban Ministry Corp. is a member of Reconciling Works – Lutherans for Full Participation www.reconcilingworks.org