



The Lutheran Urban Ministry  
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***“Reconciliation is getting to know one another”***, Mary Simon, Governor General: National Post, July 26, 2021

## **April 2023 News from your Ministry Manager Happy Easter Everyone!**

**We have a Prayer Bucket at the Urban.** Each Sunday, many people write prayers for themselves, for relatives and friends, for the West End, and for the world. The prayers are read during the Prayers of the Church. I always remind everyone that their prayers aren't thrown away. They're saved in a box and added to the Vigil of Easter fire in the courtyard at First Lutheran Church (and a few times when FLC had a joint Vigil service at Church of the Cross). The smoke from the prayers symbolically goes to our Creator - who knows the prayers of our hearts. These prayers accumulated because of suspended services due to the pandemic and these are the prayers from 2019 - March 2020 and so far in 2023.



**Accumulated prayers from the Urban prayer bucket.**

**The Urban prayers under the wood at the First Lutheran Church 2023 Vigil of Easter.**



**Urban Lutheran Ministry Sunday Worship:** Door opens at 1:00 with coffee/tea, and the worship service, with communion, is from 1:30 – 2:15. Those attending worship receive their bagged lunch when leaving at 2:15 p.m. *Bagged lunches are distributed at the side door on Sundays between 1:00 and 2:00 for those not coming in for the service.*

**Men's Lunch/Sharing Circle:** Every Wednesday at noon. We're having really great discussions! Just ring the doorbell to the left of the side door. We welcome MNO congregation men to drop in and sit with us too.

**Women's Sharing Circle:** Every Wednesday from 2:00 – 3:30. Coffee/tea/dessert. Great discussions! Just ring the doorbell to the left of the side door. We welcome MNO congregation women to drop in and sit with us too.

**Wednesday Women's Drop-in** begins April 19 - after school from 4:00 – 5:30 so that children/grandchildren can attend with them and be busy with arts and crafts while the women drink coffee and tea....and visit together. Just ring the doorbell to the left of the side door. We welcome MNO congregation women to drop in and sit with us too.

**Thursday Co-ed Sharing Circles resuming April 20 from 4:30 – 6:00 p.m.** Coffee/tea & dessert. We welcome MNO congregation members to drop in and sit with us too.

***Bagged meal distribution continues outside the side door on Wednesdays and Thursdays (and Sundays)*** at the times listed on the door.

**Our website:** [www.theurban.ca](http://www.theurban.ca). Please keep our vulnerable Lutheran Urban Ministry community in your prayers. Please contact me: [rhonda@theurban.ca](mailto:rhonda@theurban.ca) for additional information, or to have your meal team added to the calendar.

Kind regards,  
Rhonda Gorham, Ministry Manager, Lutheran Urban Ministry Corp.

We welcome all because God welcomes all, regardless of age, ability, health, ethnicity, gender identity, gender expressions, language, sexual orientation, life circumstances, marital status, race, or anything else which sometimes divides us. The Urban is committed to racial equity. We welcome diversity and uniqueness. Our unity is in Christ, whose grace is freely given to all. All are welcome. The Lutheran Urban Ministry Corp. is a member of Reconciling Works – Lutherans for Full Participation [www.reconcilingworks.org](http://www.reconcilingworks.org)